



Shared Goalie Gear Cleaning Instructions – November 3, 2020

Wash or sanitize hands before handling shared gear.

Players must wear a base layer under the equipment. By doing this, they will create a barrier that will help wick away moisture.

Drying out the gear after a practice or game is an important measure to protect against bacteria growth and related odors. As soon as possible, remove the goalie equipment from the bag. Leave the gear out in the open to air and dry out thoroughly in a warm, well-ventilated area. Families are also encouraged to wipe down the surface of the gear to the extent possible with a Lysol wipe or similar product.

The use of a drying rack is also helpful if available because it allows for better air circulation around the gear.

Most importantly, teams must allow the shared goalie gear to “rest” for 72 hours (3 days) after the above steps have been followed before a new player is allowed to use the gear. If it is not possible for 72 hours to pass between hockey events, then the same player should continue to play in net and use the goalie gear until there is enough time between player uses.

Teams may wish to identify an individual to be responsible for maintaining the equipment in between uses (e.g. coach, manager or other designated parent).

The above instructions will aid in sanitizing the Avalanche shared goalie gear but is not a guarantee. Families are encouraged to take their own unique family circumstances and medical situations into consideration before their daughter volunteers to play in goal this season.